



10 golden rules



Use appropriate and compliant tools
Wear your PPE (Personal Protective Equipment)



The atmosphere must be tested safe before entering a confined space and monitored as you work



Verify that there is no live energy (mechanical, chemical, electrical, fluids under pressure, ect.) before starting work



Do not perform hot work until the fire or explosion risks have been eliminated



Clip on your harness when working at height



Do not handle phone or any other communication device when driving



Stay out of the path of moving vehicles, plant and equipment



Do not work under the influence of alcohol or drugs



Only enter a trench if the appropriate wall supports are in place



Do not walk or stand under a load